

Career Education/Employment Support

The development of the power of execution and employability to enable our students to play an active role in society is a significant focus of education at Ochanomizu University. Establishing a foundation for putting learned knowledge and skills into action in society and utilizing strengths to their fullest is also an important theme in the education we provide.

What is provided by the “Career Design Program” and other facets of the University's career/employment support is the ability required by a female leader to enable her to change society. This becomes the employability that will enable her to find a job that suits her, and the great power to face everything that life throws at her. We foster the ability to objectively examine oneself and create a vision for the future, the autonomy to take the initiative to engage in classwork, and the problem-solving skills needed by leaders, and develop a foundation for female leaders who will become a driving force in the society of the future.

Development of Competencies for Female Leaders

The group of Career Design Program courses consists of core courses and related courses. In addition to courses that are directly related to career design, core courses incorporate a large amount of project-based learning in which students address concrete problems raised in the real world, and serve as a “window” through which to view society. Related courses are courses selected from a variety of areas throughout the University, which have a deep connection to career development.

This program develops the three competencies (competency: the comprehensive ability to combine knowledge and skills to produce results) that are crucial for career design. A competency assessment system (My Portfolio) is used for periodic self-analysis, and to reflect on academic activities and encourage planning. The program develops the power of judgment that enables students to identify what types of ability they need, and facilitates motivated, systematic learning at the University.

■ The 3 Competencies

1. Bilateral activities 2. Autonomous activities 3. Cooperative activities

1. Bilateral activities: Communication skills via language and ICT
2. Autonomous activities: The ability to set agendas and plan resolution measures for problems
3. Cooperative activities: Negotiation, coordination, and management skills

■ Career Design Program Core Courses

Course name	No. of units	Competency area and purpose of the course	
Introductory Seminar: The History and Mission of Ochanomizu University	2	Give direction to the employability fostered by the program	
Education Program for Female Leaders (Basic Course)	2	Bilateral activities	Use language, symbols, and texts in an interactive manner
Theory of Intelligence Ambient	2		Use knowledge and information in an interactive manner

Information Communication Technology and Emergence	2		Use technology in an interactive manner
Education Program for Female Leaders (Training Course)	2	Autonomous activities	Be active with a broad outlook
Career Plan & Life Plan I	2		Design and execute life plans and individual projects
Career Plan & Life Plan II	2		Design and execute life plans and individual projects
The Rights and Status of Working Women	2		Express one's own rights, interest, limits, and needs
Working In a Cohesive Society	2	Cooperative activities	Create good relationships with others
Group Work and Management	2		Work in a cooperative team
Education Program for Female Leaders (Role-model Course)	2		Process and resolve conflict
Internship	1	Combine and implement knowledge and skills appropriately	
Practice in Career Planning	1	Combine and implement knowledge and skills appropriately	

■ Career Design Program Related Courses

Utilization of interactive tools	Autonomous activities	Collaboration in a social group
Programming Language Colors and Sounds by Computers Business English I/II English Presentation I/II Seminar 1: Geographical Information System Introduction to the Japanese Language I/II Chinese Communication Skills Chinese Composition 1 Chinese Composition 2 Research Methods in Sociology Globalization and Language Education I Experimental Data Analysis Introduction to Comparative Culture Theory	Research in Environmental Protection Activities Economics II Information Processing Current English I/II Introduction to NPO Introduction to Political Science Introduction to Political Science Social Security and Social Welfare Geographical Fieldwork B Chinese Area Studies Advanced Lectures in Adult and Continuing Education Money and Banking in Social Life Introduction to Economics International Finance Advanced Lectures in Adult and Continuing Education II	NPO Internship Interdisciplinary Lectures: General Theory of Business Concepts Approaches to Area Studies Information and Profession Practice in Somatometry Psychotherapy for Industrial Settings Practice on Clinical Psychology Practice on Early Childhood Education and Care Special Practice on Developmental Clinical Psychology I/II English Reading (Developmental and Clinical Psychology) Seminar: Comparative Study of Culture

* See the “Web Syllabus” for details regarding course content. Some courses are not offered every year.

* This program has been designed in accordance with the key competencies framework proposed by the Organization for Economic Co-operation and Development (OECD).